

ONZ P.A.T.H

MAINTAINANCE PLAN



Case Reference	
Date of Assessment	
Parent/Carer Name(s)	
Child Name	
School	
Practitioner	

Presenting Problem / Concern — Summary

This section outlines the main behaviour we are working on together. It helps us stay focused on the goal and understand what might be contributing to the behaviour. The Maintenance plan focuses only on 3 behaviours (Examples: difficulty following instructions, emotional outbursts, morning routines, bedtime resistance, sibling conflict.)

ABC Formulation

Antecedent: The event or situation that happens before the behaviour	Behaviour: The specific action or response that occurs.	Consequence: The outcome of the behaviour, which can be emotional and behavioural.

Thoughts of expectations	Feelings/Physical sensations
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Empowering Parents • Nurturing Connections • Transforming Communities

Tel: 07473 331151 Email: admin@onzpath-ltd.co.uk Company No: 16763246

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MAINTANCE PLAN



Child	Parent	Child	Parent

SMART Goals

These are 3 clear, realistic goals we are working on Each goal should be <i>Specific, Measurable, Achievable, Relevant, and Time-bound</i> .	
GOAL 1	
GOAL 2	
GOAL 3	
Additional Information about goals set	

Tools and Strategies to Implement

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MAINTNANCE PLAN

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Parenting At The Heart

Evidence-based strategies used or introduced to address and maintain progress.
(e.g., emotion coaching, calm routines, praise and attention, visual schedules).
The tools and strategies guidance will be personalised and provided separately

STRATEGIES OR TOOLS	TARGET BEHAVIOUR	FREQUENCY USED	DATE RECEIVED

Maintaining Progress

OTHER ways to continue supporting your child's behaviour and emotional wellbeing in the coming weeks.

At home, we will	
At school (if relevant), the plan is to:	
Signposting (if relevant) The plan is to	

Review date: _____

Signatures

Parent/Carer: _____ Date: _____

Practitioner: _____ Date: _____

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